

**Eden Supportive Living
2007 Fall -Winter Menu Week 1**

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|--|---|--|--|
| Nov 25 | Nov 26 | Nov 27 | Nov 28 | Nov 29 | Nov 30 | Dec 1 |
| Continental Breakfast Cold Cereal Milk Choice of Beverages | <u>7 AM – 9 AM</u> Comfort Eggs to order Gourmet hot cereal Choice of beverage choice of Eden’s house variety of fine cold cereals Choice of sausage or bacon and hash browns. Toast, coffee, juice, milk | <u>7 AM – 9 AM</u> Ethnic Eggs to order Gourmet hot cereal Choice of beverage choice of Eden’s house variety of fine cold cereals Choice of sausage or bacon and hash browns. Toast, coffee, juice, milk | <u>7 AM – 9 AM</u> Western Eggs to order Gourmet hot cereal Choice of beverage choice of Eden’s house variety of fine cold cereals Choice of sausage or bacon and hash browns. Toast, coffee, juice, milk | <u>7 AM – 9 AM</u> Family style Eggs to order Gourmet hot cereal Choice of beverage choice of Eden’s house variety of fine cold cereals Choice of sausage or bacon and hash browns. Toast, coffee, juice, milk | <u>7 AM – 9 AM</u> Gourmet Eggs to order Gourmet hot cereal Choice of beverage choice of Eden’s house variety of fine cold cereals Choice of sausage or bacon and hash browns. Toast, coffee, juice, milk | <u>7 AM – 9 AM</u> Soulful Eggs to order Gourmet hot cereal Choice of beverage choice of Eden’s house variety of fine cold cereals Choice of sausage or bacon and hash browns. Toast, coffee, juice, milk |
| Brunch <u>10 AM- 1 PM</u> Gourmet Hot Cereal Soup of the Day Glazed sliced ham Fresh fruit, Obrien Potatoes Pancakes Bacon and Sausage Eggs to Order Chef choice entrée’s | <u>11:30 AM –1 PM</u> Open faced patty melt served with grilled onions, Swiss cheese and home made kettle chips ~or~ garlic brushed grilled cheese on Texas toast, both served with home made tomato soup | <u>11:30 AM –1 PM</u> Asian vegetable eggrolls served with sweet and sour sauce rice and fortune cookies! Grilled Asian sesame chicken salad served in a wonton bowl | <u>11:30 AM –1 PM</u> Santa Fe wrap made with grilled chicken, fire roasted corn & black bean salsa ~or~ camp fire barbeque beans and franks served with tortillas or bread | <u>11:30 AM –1 PM</u> Turkey club sandwich ~or~ BLT served on wheat or white all come with home made kettle chips | <u>11:30 AM –1 PM</u> Eden’s chicken and grape salad served with toast points ~or~ Barbeque Bacon cheese burger on a gourmet bun served with fries | <u>11:30 AM –1 PM</u> Popcorn chicken with dipping sauces ~or~ Chef’s deli submarine sandwich |
| <u>5 PM-6: 30 PM</u> Chef’s Soup du’Jour Fresh made dessert, and alternative sandwiches, house salad, served daily. | <u>5 PM-6: 30 PM</u> Midwest meatloaf with mashed potatoes and gravy served with cheddar cheese broccoli Provencal ~or~ chicken & broccoli casserole | <u>5 PM-6: 30 PM</u> Sweet and Sour Pork (Goo Lo Yuke) or SZECHUAN CHICKEN WITH CASHEWS - (GAI-DING) all served with rice and vegetables | <u>5 PM-6: 30 PM</u> Smoked and Roasted pork chops or Texas flat-Iron steak served medium well with the chef’s own savory Diablo sauce both items served with chuck wagon corn and ranch mashed potatoes | <u>5 PM-6: 30 PM</u> Bottomless mixed salad Meatballs & Spaghetti, garlic bread, Mixed Vegetables Cheese ravioli, as well as other passed Items | <u>5 PM-6: 30 PM</u> Philo encrusted Alaskan Pollack served with a dill supreme sauce ~or~ stuffed maple pecan chicken both served with a garden rice pilaf and carrot Vichy | <u>5 PM-6: 30 PM</u> Smothered chicken ~or~ Short ribs of beef All served with red beans, rice, collard greens and a side of home made corn bread with maple butter |
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**Eden Supportive Living
2007 Fall –Winter Menu Week 2**

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|---|---|--|--|
| Dec 2 | Dec 3 | Dec 4 | Dec 5 | Dec 6 | Dec 7 | Dec 8 |
| Continental Breakfast Cold Cereal Milk Choice of Beverages | <u>7 AM – 9 AM</u> Comfort Eggs to order Gourmet hot cereal Choice of beverage choice of Eden’s house variety of fine cold cereals Choice of sausage or bacon and hash browns. Toast, coffee, juice, milk | <u>7 AM – 9 AM</u> Ethnic Eggs to order Gourmet hot cereal Choice of beverage choice of Eden’s house variety of fine cold cereals Choice of sausage or bacon and hash browns. Toast, coffee, juice, milk | <u>7 AM – 9 AM</u> Western Eggs to order Grits & redevye Gravy Choice of beverage choice of Eden’s house variety of fine cold cereals Choice of sausage or bacon and hash browns. Toast, coffee, juice, milk | <u>7 AM – 9 AM</u> Family style Eggs to order Gourmet hot cereal Choice of beverage choice of Eden’s house variety of fine cold cereals Choice of sausage or bacon and hash browns. Toast, coffee, juice, milk | <u>7 AM – 9 AM</u> Gourmet Eggs to order Gourmet hot cereal Choice of beverage choice of Eden’s house variety of fine cold cereals Choice of sausage or bacon and hash browns. Toast, coffee, juice, milk | <u>7 AM – 9 AM</u> Soulful Eggs to order Gourmet hot cereal Choice of beverage choice of Eden’s house variety of fine cold cereals Choice of sausage or bacon and hash browns. Toast, coffee, juice, milk |
| Brunch <u>10 AM- 1 PM</u> Gourmet Hot Cereal Soup of the Day Crunchy French toast Fresh fruit, Obrien Potatoes Bacon and Sausage Eggs to Order Chef choice entrée’s | <u>11:30 AM –1 PM</u> Sloppy Joe sandwich cheddar topped Tater tots ~or~ Fresh Fruit and cheese plate Served with a sweetened fruit sour cream | <u>11:30 AM –1 PM</u> Taco salad served in a tortilla bowl ~or~ Huevos Ranchero made with authentic Chorizo-served with Beans & tortillas | <u>11:30 AM –1 PM</u> Texas “six gun” chili served with cornbread ~or~ Turkey cheddar bacon sandwich served with a southern pepper mayo | <u>11:30 AM –1 PM</u> Fruit and cheese plate ~or~ Chef’s deli sandwich | <u>11:30 AM –1 PM</u> Skewered fruit kabobs With chocolate & fruit Dipping sauces ~or~ Vine ripe tomato stuffed with Hawaiian pineapple Tuna salad | <u>11:30 AM –1 PM</u> Curried chicken salad with raisins and cucumber ~or~ Grilled chicken and pasta salad with garden vegetables |
| <u>5 PM-6: 30 PM</u> Chef’s Soup du’ Jour Fresh made dessert, and alternative sandwiches, house salad, served daily. | <u>5 PM-6: 30 PM</u> Beef stew made with garden vegetables and reidskin potatoes ~or~ Chicken ala king served over the finest freshest bread with country vegetables | <u>5 PM-6: 30 PM</u> BAKED chicken ENCHILADAS with ANCHO RANCHERO SAUCE served with PICO DE GALLO ~ or~ Beef fajitas both served with Spanish rice and refried beans | <u>5 PM-6: 30 PM</u> Southern fried honey dipped chicken ~or~ Glazed Virginia baked ham Both served with coleslaw and roasted potatoes | <u>5 PM-6: 30 PM</u> Bottomless mixed salad Herb Baked chicken, & mostacholi & meat sauce , garlic bread, Sautéd’ Vegetables As well as other passed Items | <u>5 PM-6: 30 PM</u> Salmon croquettes With a roasted red pepper / lemon aioli ~or~ Steak Au’poir with seasoned Au jus both comes with twice baked potato and Capri vegetables | <u>5 PM-6: 30 PM</u> Southern fried catfish ~or~ Jerk chicken(mild) All served with big momma’s Mac-n-cheese , green peas and a side of home made corn bread with maple butter |
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**Eden Supportive Living
2007 Fall -Winter Menu Week 3**

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|--|---|--|--|
| Dec 9 | Dec 10 | Dec 11 | Dec 12 | Dec 13 | Dec 14 | Dec 15 |
| Continental Breakfast Cold Cereal Milk Choice of Beverages | <u>7 AM – 9 AM</u> Comfort Eggs to order Gourmet hot cereal Choice of beverage choice of Eden's house variety of fine cold cereals Choice of sausage or bacon and hash browns. Toast, coffee, juice, milk | <u>7 AM – 9 AM</u> Ethnic Eggs to order Gourmet hot cereal Choice of beverage choice of Eden's house variety of fine cold cereals Choice of sausage or bacon and hash browns. Toast, coffee, juice, milk | <u>7 AM – 9 AM</u> Western Eggs to order Gourmet hot cereal Choice of beverage choice of Eden's house variety of fine cold cereals Choice of sausage or bacon and hash browns. Toast, coffee, juice, milk | <u>7 AM – 9 AM</u> Family style Eggs to order Gourmet hot cereal Choice of beverage choice of Eden's house variety of fine cold cereals Choice of sausage or bacon and hash browns. Toast, coffee, juice, milk | <u>7 AM – 9 AM</u> Gourmet Eggs to order Gourmet hot cereal Choice of beverage choice of Eden's house variety of fine cold cereals Choice of sausage or bacon and hash browns. Toast, coffee, juice, milk | <u>7 AM – 9 AM</u> Soulful Eggs to order Gourmet hot cereal Choice of beverage choice of Eden's house variety of fine cold cereals Choice of sausage or bacon and hash browns. Toast, coffee, juice, milk |
| Brunch <u>10 AM- 1 PM</u> Gourmet Hot Cereal Soup of the Day Eggs Benedict, Fresh fruit, Obrien Potatoes Pancakes Bacon and Sausage Eggs to Order Chef choice entrée's | <u>11:30 AM –1 PM</u> Classic Chicago dog with all the trimmings ~or~ Turkey club sandwich both served with home made kettle chips | <u>11:30 AM –1 PM</u> Chicken Cesar wrap ~or~ Gilled Turkey Panini Served with an Italian herb aioli, tomato, fresh mozzarella, and a balsamic reduction both served with home made kettle chips | <u>11:30 AM –1 PM</u> Cinnamon and lime chicken fajitas ~or~ Barbeque fried chicken salad with cheddar cheese and grated egg | <u>11:30 AM –1 PM</u> Egg salad sandwich ~or~ Chef's mile high deli sandwich both served with home made kettle chips | <u>11:30 AM –1 PM</u> Eden's chicken and grape salad served with toast points ~or~ Barbeque Bacon cheese burger on a gourmet bun served with fries | <u>11:30 AM –1 PM</u> Popcorn chicken with dipping sauces ~or~ Chef's deli submarine sandwich |
| <u>5 PM-6: 30 PM</u> Chef's Soup du'Jour Fresh made dessert, and alternative sandwiches, house salad, served daily. | <u>5 PM-6: 30 PM</u> Chicken and dumplings made with garden vegetables ~or~ Old fashion pot roast with roasted garden vegetables | <u>5 PM-6: 30 PM</u> Fettuccini Romano ala Frateli (spinach and chicken alfredo) ~or~ Polpetta alla casalinga (romano meatballs) Both come with insalata caprese (tomato, mozzarella, basil &balsamic) | <u>5 PM-6: 30 PM</u> Bourbon glazed grill chicken breast ~or~ Blacken Pollock both served with grilled vegetables cheddar grits and red eye gravy | <u>5 PM-6: 30 PM</u> Greek salad, Greek Chicken, Greek beef and pasta Mixed Vegetables As well as other passed Items | <u>5 PM-6: 30 PM</u> Medallions of pork calvados ~or~ Chicken and sausage CASSOULET both served with sautéed vegetables | <u>5 PM-6: 30 PM</u> Baked fish ~or~ Country fried steak All served candied yams, cabbage and a side of home made corn bread with maple butter |
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**Eden Supportive Living
2007 Fall Winter Menu Week 4**

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|--|---|--|--|
| Dec 15 | Dec 16 | Dec 16 | Dec 17 | Dec 18 | Dec 19 | Dec 20 |
| Continental Breakfast Cold Cereal Milk Choice of Beverages | <u>7 AM – 9 AM</u> Comfort Eggs to order Gourmet hot cereal Choice of beverage choice of Eden's house variety of fine cold cereals Choice of sausage or bacon and hash browns. Toast, coffee, juice, milk | <u>7 AM – 9 AM</u> Ethnic Eggs to order Gourmet hot cereal Choice of beverage choice of Eden's house variety of fine cold cereals Choice of sausage or bacon and hash browns. Toast, coffee, juice, milk | <u>7 AM – 9 AM</u> Western Eggs to order Grits & redeye Gravy Choice of beverage choice of Eden's house variety of fine cold cereals Choice of sausage or bacon and hash browns. Toast, coffee, juice, milk | <u>7 AM – 9 AM</u> Family style Eggs to order Gourmet hot cereal Choice of beverage choice of Eden's house variety of fine cold cereals Choice of sausage or bacon and hash browns. Toast, coffee, juice, milk | <u>7 AM – 9 AM</u> Gourmet Eggs to order Gourmet hot cereal Choice of beverage choice of Eden's house variety of fine cold cereals Choice of sausage or bacon and hash browns. Toast, coffee, juice, milk | <u>7 AM – 9 AM</u> Soulful Eggs to order Gourmet hot cereal Choice of beverage choice of Eden's house variety of fine cold cereals Choice of sausage or bacon and hash browns. Toast, coffee, juice, milk |
| Brunch <u>10 AM- 1 PM</u> Gourmet Hot Cereal Soup of the Day Apple pancakes, Fresh fruit, Obrien Potatoes Bacon and Sausage Eggs to Order Chef choice entrée's | <u>11:30 AM –1 PM</u> Chicken or tuna finger sandwiches on lettuce and cucumber both served with home made kettle chips | <u>11:30 AM –1 PM</u> Shrimp ~or Chicken ~ Po' boys served with hushpuppies a Cajun spice aioli | <u>11:30 AM –1 PM</u> Barbeque pulled pork sandwiches ~or~ Cheese & vegetable quesadillas served with an avocado sour crème | <u>11:30 AM –1 PM</u> Fruit and cottage cheese plate ~or~ Chef's' mile high ham & Swiss cheese sandwich on Rye | <u>11:30 AM –1 PM</u> Tomato napoleons ~or~ Teriyaki chicken strips Both comes with carrot salad | <u>11:30 AM –1 PM</u> Eden's chicken and grape salad served with toast points ~or~ Fresh made hummus with vegetables |
| <u>5 PM-6: 30 PM</u> Chef's Soup du' Jour Fresh made dessert, and alternative sandwiches, house salad, served daily. | <u>5 PM-6: 30 PM</u> Beef stroganoff with vegetables ~or~ Chicken and broccoli bowtie pasta | <u>5 PM-6: 30 PM</u> Chicken etoufee ~ or~ Shrimp Creole both served with dirty rice and a side of home Made jalapeno/cream corn bread and apple butter | <u>5 PM-6: 30 PM</u> Southern barbeque honey glazed chicken ~or~ Grilled pork chops Both served with ranch style potatoes, biscuits and gravy | <u>5 PM-6: 30 PM</u> Bottomless mixed salad maple Brushed chicken, & sausage pepper pasta , garlic bread, Sautéed' Vegetables as other passed Items | <u>5 PM-6: 30 PM</u> Coconut incrusted fish with a pine apple dill sauce ~or~ Marked fillet of beef ala Bordelaise Sauce both served with confetti rice pilaf and sautéed vegetables | <u>5 PM-6: 30 PM</u> Baked turkey ~or~ Stuffed All served with string beans and white potatoes, a side of home made corn bread with maple butter |
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